



IYFMF 2025-26
International Young Film
Makers' Festival

Screening...Deliberations
Award Ceremony

23rd April
2026

Time : 9:30am to 4:30 pm

Venue: Inst of Mental Health & Life Skills Promotion, Moolchand Medcity, New Delhi

Report on International Young Film Makers Festival (IYFMF)

Date: 23rd April 2026, Thursday

The International Young Film Makers Festival (IYFMF) was held on 23rd April 2026 as a one-day event celebrating creativity, youth perspectives, and mental health awareness through cinema.

The festival witnessed enthusiastic participation from more than 30 schools, where students, under the guidance of their principals, mentors, and school counsellors, created and presented short films. **The films revolved around significant and contemporary themes such as mental health awareness, anxiety, depression, aggression management, bullying, family bonding, as well as understanding modern India through the lens of today's youth.**

Many entries also explored intergenerational perspectives and the evolving challenges faced in current times. **The event was graced by Chief Guest Dr. Neha Jain, with Ms. Geetika serving as a panelist and evaluator. The program commenced with the ceremonial lamp lighting by Dr. Jitendra Nagpal, Dr. Neha Jain, and representatives from participating institutions.**

The opening address was delivered by Dr. Jitendra Nagpal, who spoke about adolescence in contemporary India and engaged the audience in a dynamic interaction on issues such as digital health, well-being, and challenges faced by today's youth. This was followed by the welcome address delivered by Dr. Neha Jadhav and Ms. Geetika.

A unique lottery-based system was implemented to determine the screening order of the films. Participating schools drew numbered slips during registration, which decided the sequence of their film presentations.

Each film screening was accompanied by an interactive segment where comparers introduced the film and engaged the student creators with questions regarding their concept, key message, and takeaways. These discussions were further enriched by reflections and audience interactions, facilitated by Ms. Geetika.

The event also included engaging segments such as an interactive activities focused on mental health awareness. These included discussions, question-based reflections on selected film clips, and a collaborative activity aimed at promoting unity and awareness.

The festival concluded with a special screening of a short film created by the Expressions India team, showcasing the journey and evolution of the International Young Filmmakers Festival over the years. **The event ended on a celebratory note with the distribution of participation and award certificates to all students and institutions involved. Overall, the festival provided a meaningful platform for young voices to express, reflect, and engage with critical social and psychological themes through the medium of film.**