



You are cordially invited for  
**Hands on Intensive Workshop on  
CHILDREN'S APPERCEPTION TEST (CAT)**



**Saturday, 25th April 2026**



**Library, Moolchand Medcity  
Lajpat Nagar, New Delhi**



**9:30 am to 4:30 pm**

### Themes to be Covered

- Introduction to Projective Techniques in Early Childhood
- Administration & Standard Procedures of CAT
- Ethical Considerations in Child Assessment
- Decoding Children's Inner World Through Storytelling
- Behavioral Indicators & Psychological Development in Early Years
- Attachment Patterns and Family Dynamics
- Projective Storytelling in Early Childhood: A Focus on CAT with Introductory Links to TAT



### Please Note

Certificate of Honour & Completion  
Basic Academic Material shall be accorded  
to all Participants!

Registration Charge is 800/- only!



pay directly



Register Directly to UPI ; manovidyaindia@indianbk,

GPay & Paytm No: 9999564366 (Priya Sharma)

Link for registration <https://forms.gle/ADZZiwws7uTcf5MaA>



# **Report on Hands-on Intensive Workshop on Children's Apperception Test (CAT)**

A hands-on intensive workshop on the **Children's Apperception Test (CAT)** was **successfully conducted on 25<sup>th</sup> April 2026 by Dr. Tanuja Bharadwaj**. The primary objective of the workshop was to enhance understanding of how storytelling serves as a powerful medium for children to project their concerns, inner conflicts, and emotional difficulties.

**The workshop witnessed active participation from a diverse group, including school counsellors from various institutions, senior secondary (Class 11–12) students, as well as undergraduate and postgraduate students from psychology and allied science backgrounds.**

The session commenced with an insightful introduction by **Dr. Jitendra Nagpal, who elaborated on the functioning of the brain, particularly focusing on emotional processing, thought patterns, and behavioral responses**. This was followed by discussions on early childhood and adolescent experiences, highlighting common developmental concerns and psychological challenges.

Subsequently, participants were introduced to the **Children's Apperception Test (CAT), including its purpose, structure, and brief historical background**. **The practical segment of the workshop involved displaying CAT cards to participants**, who were then divided into groups of ten. Each group was assigned a card and asked to write a narrative based on their immediate thoughts and interpretations of the image.

Participants were encouraged to document their responses, and those who were comfortable shared their narratives with the group. **This exercise facilitated meaningful discussions and diverse interpretations**. **Following this, the facilitators explained the thematic significance of each card and linked participants' narratives to underlying psychological conflicts and emotional themes, supported by relevant case examples.**

The workshop concluded with a discussion on the connection between CAT and the Thematic Apperception Test (TAT), providing participants with a broader perspective on projective techniques. The session ended with the distribution of certificates to all participants.

**Overall, the workshop was highly interactive, informative, and beneficial in deepening participants' understanding of projective assessment techniques and their application in understanding children's emotional worlds.**