



ADVANCED PROFESSIONAL DEVELOPMENT CONCLAVE

Exploring Newer Understanding of Child Protection and Mental Health Safety in Schools (for working and newly enrolled school counselors)

Respected Principal Madam/Sir

Date: 15th Sept 2026

Greetings from "Expressions India"

We take this opportunity to announce the pioneering initiative by Expressions India, the **ADVANCED PROFESSIONAL DEVELOPMENT CONCLAVE: Exploring Newer Understanding of Child Protection and Mental Health Safety in Schools (for working and newly enrolled school counselors)**. The programme is designed to strengthen the professional preparedness of school counselors, teachers, educators and school leaders to effectively respond to child protection concerns, student safety issues, mental health emergencies and adolescent wellbeing needs within the school ecosystem.

The award ceremony cum thematic symposium is scheduled on 28th Oct 2026 from 09.00am to 05.00pm at the Indian International Centre, New Delhi. Also, we hereby take the privilege to mention that 'Expressions India' is a well recognized and awarded program by the government and non - government organizations in the country and has over 8500 training programs, National and International Seminars on promotion of the Child & Adolescent Life Skills, School Mental Health & Wellbeing. A large number of schooling systems regularly seek technical expertise from Expressions India.

The honouring school counselors for outstanding efforts in child protection, mental health safety and wellbeing in schools are a reflection of Expressions India's commitment to the inherent values in promoting professional knowledge, strengthen emergency-response preparedness and promote a culture of Safety, Care and Wellbeing in Schools. These awards will be given away to the Schools Counselors by eminent personalities from the field of Education, Mental Health Safety & Wellbeing Education.

As part of the nomination process, eligible school counselors are requested to submit a detailed work report of approximately 2,000 words highlighting their significant contributions, initiatives, innovations and impact in the areas of child protection, mental health safety and overall wellbeing of students.

The work report may include initiatives undertaken at the school level, preventive and awareness programmes, counseling and wellbeing interventions, child protection mechanisms, identification and support for students at risk, capacity-building activities for teachers and parents, life-skills initiatives, referral systems, crisis management, and other noteworthy practices that have contributed to creating a safer and more supportive school environment.

Submission Requirements:

- ✚ A work report of approximately 2,000 words describing the nominee's outstanding work and achievements.
- ✚ Photographs/documentary of relevant activities and initiatives undertaken in the school.
- ✚ Details demonstrating at least 2 years of relevant work experience in the field.
- ✚ Details of major initiatives, achievements, innovations and their impact on students, teachers, parents and the wider school community.
- ✚ Any supporting documents, certificates, recognitions or other relevant evidence may also be enclosed.

We request you to kindly ensure that the report and supporting photographs/documents are submitted within the stipulated timeline for consideration latest by 15th Oct 2026 at contactexpressions.india@gmail.com.

In addition to the School Counselor, you may also depute your wellness teachers and other allied professionals who are involved in student wellbeing, child protection, special education, or related areas to attend this important conclave.

The nomination fee for the same is Rs. 1500/- per participant. It is requested to confirm your participation through dully filled application cum google form before 5th Oct 2026. Seats are limited (kindly expedite). Registration Link : <https://forms.gle/mNPtGcwShy81oHXQA>

We look forward to receiving your valuable contribution and learning about the impactful work being carried out to promote safe, healthy and wellbeing-oriented school environments.

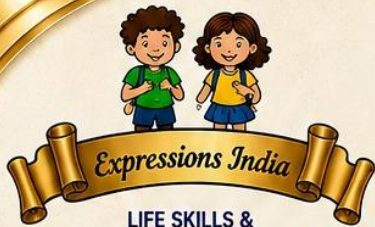
With warm regards & best wishes,



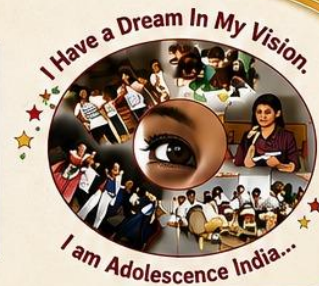
Dr. Jitendra Nagpal –MD, DNB
Program Director “Expressions India”-
The Life Skills & National School Mental Health Program
Sr. Consultant Psychiatrist & In-charge
Inst. of Mental Health & Life Skills Promotion
Moolchand Medcity, New Delhi (M) 9810054860

Query and Clarification

- Ms. Priya Sharma - 9999564366
- Ms Tania – 9810753560
- Ms Anshpreet Kaur - 9911511728
- Mr Chettan Chandel - 9205814009
- Mr Ravi Ranjan - 78359 22093



LIFE SKILLS &
SCHOOL WELLNESS PROGRAM



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*Exploring Newer Understanding of
Child Protection & Mental Health
Safety in Schools*



For Working & Newly Enrolled
School Counselors



CORE THEMES



Newer Understanding &
Challenges of Child
Sexual Abuse &
Allied Concerns



Effective Climate
Building for Legal
Literacy in Schools
(JJ Act, Pocso Act,
MHCA etc)



Preventing High Risk
Behaviors during
Adolescence, viz,
Self-Harm, Suicidal
Behavioral Patterns—
Casework Approach



Planning Effective
Family-School
Partnership



NOMINATION STARTS FROM
1ST SEPT 2026



National Experts & Renowned Faculty
from discipline of Mental Health Practices,
NCPDR, CWCs, JJ Act & POCSO Advocacy
Representers shall also be participating.



28TH OCTOBER
2026
WEDNESDAY



IIC, NEW DELHI
Indian International Centre (IIC),
New Delhi



TIMINGS
9:30 AM
to 5:00 PM



Organized by

Expressions India
— The Life Skills &
National School Mental Health Program



Website : www.expressionsindia.org
For Queries Contact:
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