



सत्यमेव जयते

MANODARPAN

An Initiative of Ministry of Education
for
Psychosocial Support & Mental Well-being of Students



Live Webinar Series - SAMVEDNA

Celebrating International Day for Yoga

Enriching Self-Image & Positive Mental Health for All
21st June 2022, 2:30pm to 4:00pm



Mr Sanjeev Kumar
Principal
Army Public School
Udhampur



Ms Alka Kapur
Principal
Modern Public School
Shalimar Bagh, New Delhi



Dr Deepika Kaushal
Clinical Nutritionist & Yoga Instructor
Delhi Public School (EC)
Bangalore



Ms Yogeeta Khanna
Senior Counselor
Rajhans Vidhalaya School
Mumbai



Ms Geetika Singh
School Health - Yoga Coach
ECHOI, New Delhi



Ms Ila Sinha
Counselor
Sapphire International School
Ranchi



Harsh Singh
Peer Educator
RajHans Vidhalaya School
Mumbai



Ashmita Kamath
Peer Educator
Delhi Public School, Mysore



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